



Spotlight on Staff

NASHIKA WEST

RESIDENTIAL DSP; GREECE DREAMER

Nashika West loves to travel and her dream destination is Greece.

"I've told myself that when I turn 40, I'll be going to Greece, so that's what I'm going to do," said Nashika. "It's only four years from now."

A Direct-Service Professional (DSP) at the Sunset Group Home in Simsbury since November 2014 when she joined Favarh, Nashika said she's done a lot of research about Greece and what she has learned confirmed her desire to visit there.

She's been working in the in the human services industry for about 10 years, always as a DSP in a group home for people with intellectual and developmental disabilities. She previously worked for both Community Residences Inc. (CRI) and the Hartford Arc (HARC). It's at Favarh, however, where she has really shone.

"Nashika is a great team player and is always flexible with schedule changes that help benefit the residents and the program needs at Sunset," said Michelle Parsons, manager of Sunset." She "continues to be a great role model for the rest of her peers and always takes the initiative to go above what is asked of her. She has a great rapport with the all the residents who live at Sunset and they really look forward to her coming on shift. "

Regularly on the third shift at Sunset, she volunteered for 11 weeks several months ago to take over on first shift for Tahlya Murray, the medical liaison at Sunset, after Tahlya gave birth to twins.

Nashika also substitutes at other Favarh group homes as well as taking a shift for transportation if there is a shortage of drivers.

She has become very fond of the residents of Sunset, all who attend Favarh Day Services either at The Canton Life Enrichment Program (CLEP), or the Avon Life Enrichment Programs (ALEP) at Buildings Two and Three.

Nashika is a Hartford native whose family moved around to other states quite a bit when she was younger, but who again lives in Hartford.

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